

Appendix - 1

Iodine Nutrition and Programs for its Control:

Tables from CIDDS, UNICEF, WHO

Table 1. *Iodine Nutrition and Programs for its Control in Africa*

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | | Program | | | Status |
|--------------|---------|-------------|--------------|----------|--------|------------|--------------------|---------|------------|---------|-------|--------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | Educ? | |
| | | | | | | | | | Salt? | I Nutr? | | |
| Algeria | 31.7 | 347 | Y | KIO3 | 30-50 | P | 68 | Y | P | P | P | S |
| Angola | 10.4 | U | Y | KIO3 | U | N | 10 | P | N | N | N | D(L) |
| Benin | 6.6 | 289 | Y | KIO3 | 20-40 | Y | ~90 | Y | U | U | P | S |
| Botswana | 1.6 | 189 | Y | KIO3 | 50 | P | 66 | Y, NC | Y | N | P | S(L) |
| Burkina Faso | 12.3 | 113 | Y | KIO3 | 40 | P | 22 | P | U | U | U | D(L) |
| Burundi | 6.2 | U | Y | KIO3 | 50 | P | 68 | P | U | U | U | D(L) |
| Cameroon | 15.8 | 283 | Y | KIO3 | 100 | Y | >90 | Y, NC | Y | Y | Y | S |
| Cape Verde | 0.4 | U | N | ---- | --- | -- | U | N | N | N | N | D(L) |
| CAR | 3.6 | U | Y | KIO3 | 50-100 | -- | 87 | Y | U | U | U | D(L) |
| Chad | 8.7 | U | Y | KIO3 | U | P | 58 | Y | P | N | P | D(L) |
| Comoros | 0.6 | U | U | ---- | --- | -- | 83 | P | U | U | U | D(L) |
| Congo (Braz) | 2.9 | U | N | ---- | --- | -- | U | N | N | N | N | D(L) |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 1 : Iodine Nutrition and Programs for its Control in Africa (cont'd)

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | | Program | | Status | |
|-----------------|---------|-------------|--------------|----------|--------|------------|--------------------|---------|------------|---------|--------|--------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | | Educ? |
| | | | | | | | | | Salt? | I Nutr? | | |
| Congo (Dr. Kin) | 53.6 | 495 | Y | KIO3 | 80-100 | Y | 96 | Y | Y | Y | Y | E |
| Cote d'Ivoire | 16.4 | 375 | Y | KIO3 | 30-50 | P | 31 | P | P | U | U | D(L) |
| Egypt | 69.5 | >100 | Y | KIO3 | 50-80 | -- | 60 | Y, NC | U | U | U | S(L) |
| Equat Guinea | 0.5 | U | Y | KIO3 | U | U | 20 | U | U | U | U | D(L) |
| Eritrea | 4.3 | >100 | Pend | KIO3 | 100 | -- | 80 | Y, NC | U | U | U | S(L) |
| Ethiopia | 65.9 | <100 | N | KIO3 | -- | -- | 28 | P | N | N | N | D(Mod) |
| Gabon | 1.22 | 190 | N | -- | -- | -- | 36 | P | U | Y | U | S(L) |
| Gambia | 1.4 | 32 | N | -- | -- | -- | 8 | Y | N | N | N | D(Sev) |
| Ghana | 19.9 | 196 | Y | KIO3 | 20-40 | P | 49 | Y | P | Y | U | D(L) |
| Guinea | 7.6 | 37 | Y | KIO3 | 30-50 | P | 12 | P | U | U | U | D(Mod) |
| Guinea-Bissau | 1.3 | U | Y | KIO3 | 100 | N | 12 | Y | N | N | N | D(L) |
| Kenya | 30.7 | 113 | Y | KIO3 | 100 | Y | 90 | Y | Y | Y | U | S |
| Lesotho | 2.2 | U | Y | KIO3 | U | U | 69 | Y | U | U | U | D(L) |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely) E = Excess

Table 1 : Iodine Nutrition and Programs for its Control in Africa (cont'd)

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | Program | | | Status | |
|------------|---------|-------------|--------------|----------|--------|------------|--------------------|---------|------------|---------|--------|-------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | | Educ? |
| | | | | | | | | | Salt? | I Nutr? | | |
| Liberia | 3.2 | 321 | N | --- | --- | -- | 84 | N | N | N | N | S(L) |
| Libya | 5.2 | U | Y | KIO3 | 34-66 | -- | 90 | Y | U | U | U | S(L) |
| Madagascar | 16 | 125 | Y | KIO3 | 50 | -- | 76 | Y, NC | Y | Y | U | S(L) |
| Malawi | 10.5 | >100 | Y | KIO3 | 50-70 | Y | 82 | Y | Y | Y | U | S(L) |
| Mali | 11 | 203 | Y | KIO3 | U | - | U | Y | U | U | U | U |
| Mauritania | 2.8 | <100 | N | --- | --- | - | 3 | N | N | N | N | D |
| Morocco | 30.7 | 86 | Y | KIO3 | 80 | P | 30 | Y, NC | U | U | U | D(L) |
| Mozambique | 19.4 | 69 | U | U | U | U | 62 | P | P | N | U | D |
| Namibia | 1.8 | 113 | Y | KIO3 | 50-80 | Y | >90 | Y | Y | N | U | S(L) |
| Niger | 10.3 | U | Y | KIO3 | 80-100 | U | 44 | P | P | P | U | D(L) |
| Nigeria | 126.6 | 185 | Y | KIO3 | 50 | Y | 94 | Y | Y | Y | P | S |
| Rwanda | 7.3 | 297 | Y | KIO3 | 30-55 | Y | 85 | Y | Y | U | U | S |
| Sao Tome | 0.2 | U | Y | KIO3 | U | U | 90 | Y | Y | Y | U | S(L) |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 1 : Iodine Nutrition and Programs for its Control in Africa (cont'd)

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | Program | | | Status | |
|--------------|---------|-------------|--------------|----------|--------|------------|--------------------|---------|------------|---------|--------|--------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | | Educ? |
| | | | | | | | | | Salt? | I Nutr? | | |
| Senegal | 10.3 | <100 | Y | KIO3 | U | U | 31 | P | U | U | U | D |
| Sierra Leone | 5.4 | 22 | U | U | U | U | 23 | P | N | N | N | D(Sev) |
| Somalia | 7.5 | U | U | U | U | U | U | U | U | U | U | D(L) |
| South Africa | 43.6 | 177 | Y | KIO3 | 50 | Y | 62 | Y, NC | Y | Y | Y | S |
| Sudan | 37.1 | <100 | Y | KIO3 | 50 | N | 10 | Y, NC | U | U | U | D |
| Swaziland | 1.1 | 179 | Y | KIO3 | 30 | Y | 76 | Y | U | U | Y | S (L) |
| Tanzania | 36.2 | U | Y | KIO3 | 75 | P | 83 | Y, NC | P | P | U | D (L) |
| Togo | 5.2 | 160 | Y | KIO3 | U | Y | 98 | Y | Y | Y | U | S |
| Tunisia | 9.7 | U | Y | KIO3 | 40 | Y | 97 | P | U | U | U | S (L) |
| Uganda | 24 | 310 | Y | KIO3 | 100 | Y | 64 | Y | Y | Y | U | S |
| Zambia | 9.8 | U | Y | KIO3 | 80-100 | P | 37 | Y, NC | P | P | U | D |
| Zimbabwe | 11.4 | ~390 | Y | KIO3 | 40 | Y | 93 | Y, NC | Y | Y | U | S |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 2 : Iodine Nutrition and Programs for its Control in North Africa-Middle East

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | | Program | | Status | |
|--------------|---------|-------------|--------------|----------|--------|------------|--------------------|---------|------------|---------|--------|-------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | | Educ? |
| | | | | | | | | | Salt? | I Nutr? | | |
| Afghanistan | 26.8 | U | N | ----- | ---- | --- | 0 | N | N | N | N | D(L) |
| Bahrain | 0.65 | U | U | ----- | ---- | --- | U | U | --- | --- | --- | S(L) |
| Iran | 66.1 | 205 | Y | KIO3 | 40 | Y | 94 | Y | Y | Y | Y | S |
| Iraq | 23.3 | U | Y | KIO3 | 100 | Y | 92 | U | U | U | U | D(L) |
| Jordan | 5.2 | 154 | Y | KIO3 | 50 | Y | 86 | Y | Y | Y | U | S |
| Kuwait | 2 | U | N | ----- | --- | --- | U | N | N | N | N | U |
| Oman | 2.6 | 95 | Y | KIO3 | 20-30 | Y | 87 | Y | Y | Y | U | S(L) |
| Pakistan | 144.6 | U | N | KIO3 | 50-70 | P | 30 | P | P | N | U | D |
| Qatar | 0.8 | 234 | N | ----- | --- | --- | U | N | N | N | N | S(L) |
| Saudi Arabia | 22.8 | 180 | N | KIO3 | 70-100 | U | U | P | N | N | N | D(L) |
| Syria | 16.7 | <100 | Y | KIO3 | 18-30 | | 40 | P | U | U | N | D(L) |
| UAE | 2.4 | 100 | N | ----- | --- | --- | 6.5 | N | N | P | N | D(L) |
| Yemen | 18.1 | 189 | Y | KIO3 | 40 | P | 54 | Y | P | P | N | S(L) |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 3 : Iodine Nutrition and Programs for its Control in Central America

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | | Program | | | Status |
|----------------|---------|-------------|--------------|----------|--------|------------|--------------------|---------|------------|---------|-------|--------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | Educ? | |
| | | | | | | | | | Salt? | I Nutr? | | |
| Belize | 0.26 | 184 | N | U | U | Y | 97 | N | N | N | N | S(L) |
| Costa Rica | 3.8 | 260 | Y | KIO3 | 33-50 | Y | 97 | Y | Y | N | N | S(L) |
| Cuba | 11.2 | 95 | N | ---- | --- | N | --- | N | N | N | N | D |
| Dominican Rep. | 8.6 | 40 | Y | KIO3 | 30-100 | Y | 13 | Y | P | N | N | D |
| El Salvador | 6.2 | 176 | Y | KIO3 | 30-100 | Y | 91 | Y | P | N | N | S(L) |
| Guatemala | 13 | 72 | Y | KIO3 | 30-100 | P | 46 | Y | P | P | P | D |
| Haiti | 7.1 | 92 | N | KIO3 | --- | N | --- | Y | N | N | N | D |
| Honduras | 6.4 | 240 | Y | KIO3 | 50-100 | Y | 85 | Y | N | N | N | S(L) |
| Nicaragua | 5 | 116 | Y | KIO3 | 30-50 | Y | 86 | P | P | N | N | S(L) |
| Panama | 2.8 | 270 | Y | KIO3 | 30-60 | Y | >90 | Y | Y | Y | P | S |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 4 : *Iodine Nutrition and Programs for its Control in North America*

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | Program | Status | | | |
|--------|---------|-------------|--------------|----------|-------|------------|--------------------|---------|------------|---------|-------|------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | Educ? | |
| | | | | | | | | | Salt? | I Nutr? | | |
| Canada | 31.6 | >100 | Y | KI | 76 | Y | >90 | N | N | N | N | S(L) |
| Mexico | 103.4 | 176 | Y | KIO3, KI | 20-40 | Y | 85 | Y | P | P | P | S(L) |
| USA | 280.56 | 145 | N | KI | --- | P | 50 | N | N | Y | N | S |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 5 : Iodine Nutrition and Programs for its Control in South America

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | | Program | | | Status |
|-----------|---------|-------------|--------------|----------|--------|------------|--------------------|---------|------------|---------|-------|--------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | Educ? | |
| | | | | | | | | | Salt? | I Nutr? | | |
| Argentina | 37.3 | 180 | Y | KIO3 | 30 | Y | 90 | N | P | P | N | S(L) |
| Bolivia | 8.44 | 100 | Y | KIO3 | 40-80 | Y | 62 | Y | P | P | P | D |
| Brazil | 174.5 | 360 | Y | KIO3 | 40-60 | Y | 95 | P | P | P | N | S(L) |
| Chile | 15.3 | 540 | Y | KIO3 | 20-60 | Y | 97 | N | N | P | N | E |
| Colombia | 40.4 | >100 | Y | KI | 50-100 | Y | 91 | Y | Y | U | N | S(L) |
| Ecuador | 13.2 | 420 | Y | KI | 50-100 | Y | 95 | Y | P | P | N | S |
| Guyana | 0.7 | 94 | N | KIO3, KI | 20-40 | P | ----- | N | P | N | N | D(L) |
| Paraguay | 5.88 | 258 | Y | KIO3 | 40-60 | Y | 83 | Y | P | P | P | S |
| Peru | 27.5 | 202 | Y | KIO3 | 30-40 | Y | 93 | Y | Y | Y | Y | S |
| Surinam | 0.44 | ----- | N | | --- | N | ----- | N | N | N | N | U |
| Uruguay | 3.39 | 115 | Y | KIO3 | 30-40 | P | ----- | Y | N | Y | N | S |
| Venezuela | 24.3 | 187 | Y | KIO3 | 20-30 | Y | 94 | Y | Y | Y | Y | S |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely) E = Excess

Table 6 : Iodine Nutrition and Programs for its Control in Asia-Pacific

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | Program | | | | Status |
|----------------|---------|-------------|--------------|----------|-------|------------|--------------------|---------|------------|---------|-------|--------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | Educ? | |
| | | | | | | | | | Salt? | I Nutr? | | |
| Australia | 19.6 | <100 | N | KI | 50 | --- | 10 | N | N | N | N | D(L) |
| Cambodia | 12.8 | U | U | KIO3 | U | U | 14 | P | U | U | N | D(L) |
| Fiji | 0.9 | U | U | ---- | --- | --- | | U | U | U | U | D(L) |
| Indonesia | 231.2 | 8-194 | Y | KIO3 | 30-80 | P | 64 | Y | Y | Y | Y | D(L) |
| Japan | 127 | 1500 | N | N | --- | N | N | N | N | N | N | E |
| Laos | 5.8 | (<20) | Y | KIO3 | 30 | Y | 76 | Y | U | U | U | D(L) |
| Malaysia | 22.7 | U | U | U | U | N | U | P | U | U | U | D(L) |
| New Zealand | 3.9 | 66 | N | U | 50 | N | U | N | N | N | N | D |
| Papua New Guin | 5.2 | U | Y | KIO3 | 20 | U | U | U | N | N | N | D(L) |
| Philippines | 84.5 | 72 | Y | KIO3 | 50 | P | 22 | Y | P | P | Y | D |
| Singapore | 4.5 | U | N | ---- | U | N | U | N | U | U | N | S(L) |
| South Korea | 48.3 | U | N | ---- | --- | --- | U | N | N | N | N | S(L) |
| Thailand | 62.4 | 190 | Y | KIO3 | 30 | Y | 79 | Y | Y | Y | Y | S |
| Vietnam | 81.1 | 123 | Y | KIO3 | 50 | Y | 77 | Y | Y | Y | Y | D(L) |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely) E = Excess

Table 7 : Iodine Nutrition and Programs for its Control in Southeast Asia

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | Program | | Status | | |
|------------|---------|-------------|--------------|----------|-----|------------|--------------------|---------|------------|---------|-------|------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | Educ? | |
| | | | | | | | | | Salt? | I Nutr? | | |
| Bangladesh | 133.4 | U | Y | KIO3 | 50 | Y | 70 | Y | Y | P | P | D(L) |
| Bhutan | 2.1 | 230 | Y | KIO3 | 60 | Y | 82 | Y | Y | Y | Y | S |
| India | 1045.8 | <100 | Y | KIO3 | 30 | P | 49 | Y | Y | Y | Y | D |
| Maldives | 0.3 | 67 | N | --- | --- | --- | <10 | N | N | N | N | D |
| Myanmar | 42.2 | U | Y | KIO3 | 50 | U | 79 | Y | Y | Y | U | D(L) |
| Nepal | 25.9 | U | P | KIO3 | 50 | P | 63 | Y | Y | N | P | D(L) |
| Sri Lanka | 19.6 | U | Y | KIO3 | 50 | Y | 87 | Y | P | N | Y | D(L) |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 8 : *Iodine Nutrition and Programs for its Control in China-Far East*

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | Program | Status | | | |
|-------------|---------|-------------|--------------|----------|-----|------------|--------------------|---------|------------|---------|-------|-------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | Educ? | |
| | | | | | | | | | Salt? | I Nutr? | | |
| China | 1284.3 | 306 | Y | KIO3 | 35 | Y | 91 | Y | Y | Y | Y | S |
| Mongolia | 2.7 | 102 | Y | KIO3 | U | P | 57 | Y | P | P | P | D |
| North Korea | 22.3 | U | N | KIO3 | 50 | U | U | N | N | N | N | D (L) |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 9 : Iodine Nutrition and Programs for its Control in East Europe-Central Asia

| | Pop (M) | UI* µg/L | Iodized Salt | | | Program | | | Status | | | |
|-------------|---------|-------------|--------------|----------|-----|------------|-----------------|---------|--------|------------|-------|------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | | Monitoring | Educ? | |
| | | | Salt? | | | I Nutr? | | | | | | |
| Armenia | 3.3 | >100 | N | KIO3 | 50 | U | 84 | N | N | N | N | S(L) |
| Azerbaijan | 7.8 | 54 | Y | KIO3 | 40 | Y | 80 | Y | P | N | Y | D |
| Belarus | 10.3 | 44 | Y | KIO3 | 40 | P | 50 | U | P | N | P | D |
| Estonia | 1.4 | 65 | N | KIO3, KI | U | N | 12 | P | P | N | N | D |
| Georgia | 5 | <100 | Y | KIO3 | 40 | P | U | Y | P | N | N | D |
| Kazakhstan | 16.7 | <100 | P | KIO3 | 40 | P | 29 | Y | Y | P | N | D |
| Kyrgestan | 4.8 | 30 | Y | KIO3 | 25 | P | 27 | P | Y | P | N | D |
| Latvia | 2.4 | 59 | U | --- | --- | --- | 3 | P | P | N | N | D |
| Lithuania | 3.6 | 75 | U | --- | --- | --- | 6 | P | P | U | N | D |
| Moldova | 2.4 | 78 | P | U | U | --- | 33 | N | N | N | N | D |
| Russia | 145 | 60 | P | KIO3 | 40 | --- | 20 | N | Y | Y | N | D |
| Tajikistan | 6.2 | 12 | P | KIO3 | 45 | P | 20 | P | P | N | N | D |
| Turkmenstan | 4.7 | 54 | Y | KIO3 | 23 | P | 75 | N | P | N | N | D |
| Ukraine | 48.4 | 70 | N | KIO3 | 40 | N | 30 | N | Y | P | N | D |
| Uzbekistan | 25.6 | <100 | U | KIO3 | 25 | N | 19 | N | P | N | N | D |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 10 : Iodine Nutrition and Programs for its Control in West-Central Europe

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | | Program | | Status | |
|-------------|---------|-------------|--------------|---------------|-------|------------|--------------------|---------|------------|---------|--------|-------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | | Educ? |
| | | | | | | | | | Salt? | I Nutr? | | |
| Albania | 3.54 | <50 | N | KI | 25 | N | | U | U | U | U | D |
| Austria | 8.17 | 98-120 | Y | KI | 20 | Y | 95 | P | Y | Y | N | S |
| Belgium | 10.27 | 80 | N | KI, NaI, KIO3 | | | 10 | N | N | N | N | D |
| Bosnia/Herz | 3.96 | 102 | Y | KI | 20-30 | P | 100 | Y | Y | Y | P | S |
| Bulgaria | 7.62 | 111 | Y | KI | 19-32 | Y | 90 | Y | Y | Y | Y | S |
| Croatia | 4.39 | 140 | Y | KI | 20-30 | Y | 90 | Y | Y | Y | U | S |
| Cyprus | 0.77 | 120 | N | KI | | | | N | N | N | N | S |
| Czech Rep. | 10.26 | 126 | Y | KIO3 | 20-34 | Y | 90 | Y | Y | Y | U | S |
| Denmark | 5.37 | ~60 | Y | KI | 8-13 | Y | 100 | Y | Y | Y | U | D |
| Finland | 5.18 | 164 | N | KI | 21-26 | | >90 | Y | Y | Y | U | S |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 10 : Iodine Nutrition and Programs for its Control in West-Central Europe (cont'd)

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | | Program | | Status | |
|-------------|---------|-------------|--------------|----------|-------|------------|--------------------|---------|------------|---------|--------|-------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | | Educ? |
| | | | | | | | | | Salt? | I Nutr? | | |
| France | 59.77 | 83-120 | Y | NaI | 10-15 | | 55 | Y | N | N | U | D |
| Germany | 83.25 | 88 | N | KIO3 | 20 | | 84 | Y | Y | Y | U | D |
| Greece | 10.65 | 84-160 | N | KI | 40-60 | | 18 | N | N | N | N | D |
| Hungary | 10.07 | <100 | N | KIO3 | 15 | | U | Y | N | N | N | D |
| Iceland | 0.28 | U | N | U | | N | U | N | N | N | N | S (L) |
| Ireland | 3.88 | 80 | N | KI | 25 | | U | N | N | N | N | D |
| Italy | 52.72 | 55-142 | N | KI | 30 | | 3 | P | P | P | P | D |
| Luxembourg | 0.45 | U | N | U | U | U | U | N | N | N | N | S (L) |
| Macedonia | 2.05 | 164 | Y | KIO3 | 20-30 | Y | 100 | Y | Y | Y | P | S |
| Netherlands | 16.07 | 155 | Y | KI | 50 | | 65 | N | N | N | N | S |
| Norway | 4.52 | ~200 | N | KI | U | N | U | N | N | N | N | S (L) |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)

Table 10 : Iodine Nutrition and Programs for its Control in West-Central Europe (cont'd)

| | Pop (M) | UI* µg/L | Iodized Salt | | | | | | Program | | Status | |
|-------------|---------|-------------|--------------|----------|-------|------------|--------------------|---------|------------|---------|--------|-------|
| | | | Law? | Compound | ppm | Implement? | Household Use % | Exists? | Monitoring | | | Educ? |
| | | | | | | | | | Salt? | I Nutr? | | |
| | | | | | | | | | | | | |
| Poland | 38.63 | 187 | Y | KI | 20-40 | Y | 90 | Y | Y | Y | P | S |
| Portugal | 10.08 | 110 | Y | KI | 20 | U | U | N | N | N | N | S |
| Romania | 22.32 | 60-100 | Y | KIO3 | 15-25 | U | 25 | Y | P | P | U | D |
| Serbia | 10.66 | 158 | Y | KI | 20 | Y | 73 | Y | Y | Y | Y | S |
| Slovak Rep. | 5.42 | 136-144 | Y | KIO3 | 19 | Y | 85 | Y | Y | Y | U | S |
| Slovenia | 1.93 | 83 | Y | KI | 20-30 | U | U | Y | Y | Y | U | D |
| Spain | 40.01 | <100 | N | KIO3 | 51-69 | N | 16 | N | N | N | N | D |
| Sweden | 8.88 | 90-150 | N | KI | 50 | P | U | N | N | N | N | S (L) |
| Switzerland | 7.3 | 115 | Y | KI | 20 | Y | 94 | Y | Y | Y | N | S |
| Turkey | 67.31 | 89 | Y | KI,KIO3 | 25-70 | P | 64 | Y | Y | Y | P | D |
| UK | 59.78 | 141 | N | KI | 10-22 | N | 2 | N | N | N | N | S |

Y = Yes, Present; N = No, Absent; P=Partial; U = Uncertain; *Where applicable median D = Deficient; S = Sufficient; (L) = (Likely)